

Daily Entrée Options:

Mon-Fri: Peanut Butter & Jelly Sandwich
 Turkey & Cheese Sandwich
 Ham & Cheese Sandwich
 Bologna & Cheese Sandwich
 Mon-Fri: Open Salad Bar

MENU

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NOVEMBER
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7-12 LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				Pepperoni or Cheese Pizza Steamed Mixed Veggie Garden Side Salad
				Pepperoni or Cheese Pizza Steamed Mixed Veggie Caesar Side Salad
Veterans' Day No School	Crispy Chicken Tenders with assorted dipping sauces Pesto Parmesan Rotini Fresh Veggie w/Dip Yogurt Cup	Beef & Bean Chili OR Vegan Southwest Chili Cheese & Sour Cream Cheddar Jalapeno Cornbread Veggie Cup w/Hummus	Thanksgiving @ School Turkey & Gravy Buttery Mashed Potatoes Stuffing, Roll, Green Beans Craisins & Apple Crisp	Pepperoni or Cheese Pizza Steamed Mixed Veggie Garden Side Salad
Crispy Chicken Sandwich Seasoned Waffle Fries Rainbow Pepper Sticks Choc Chip Cookie	Ultimate Nachos Salsa & Sour Cream Guacamole, Olives, Jalapenos Mexican Street Corn Mango Peach Applesauce	Sampler Platter (chick wings & mozz sticks) Breaded Onion Rings Fresh Veggies w/Hummus	Tortellini Alfredo with Chicken Garlic Knot Roasted Broccoli Grape Tomatoes	Pepperoni or Cheese Pizza Steamed Mixed Veggie Caesar Side Salad
Toasted Meatball Sub w/Mozzarella French Fries Peas & Carrots Choc Chip Cookie	Pineapple Teriyaki Chicken Fried Rice & Veg Egg Roll Stir Fry Vegetables Fresh Grape Tomatoes	Thanksgiving Break No School	Thanksgiving Day No School	Thanksgiving Break No School

Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
 Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

In collaboration with
CAPITAL REGION
BOCES
 SHARED FOOD SERVICE PROGRAM

