



2017-18 Free & Reduced Meal Applications are now available in all school offices or on the school website. Last year's eligibility will expire on **October 19, 2017.**

Please call 518-661-8222 with questions.

Lindsay Van Auken – Cook Manager/FRLP Reviewing Official



School Lunch Prices:

7-12: \$2.55

Reduced: \$.25

Student Milk: \$.55

Alternate Meals Available Daily:

Deli & PBJ Sandwiches,
Chef's Choice Salads
& Yogurt Meal

Monday

Chicken Parm Dinner 2
or **Ham & Cheese Bagel Melt**

Green Beans/Broccoli
Fruit Choices
Milk Choice

Tuesday

Grilled Cheese 3
or **Taco Salad**

Tomato Soup/Carrot Coins
Fruit Choices
Milk Choice

Wednesday

Buffalo Chicken Wrap 4
or **Chicken & Ch Wrap**

Jello
Broccoli/Red Peppers
Fruit Choices
Milk Choice

Thursday

Pizza Day! 5
Choice of: Cheese, Pepperoni
Buffalo Chicken

Baked Beans/Cucumbers
Fruit Choices
Milk Choices

Friday

No School 6
**Superintendent's
Conference Day**

Milk Choices: 1% White, Skim White,
Fat Free Chocolate & Strawberry

No School 9
Columbus Day

Condiments are available with all meals

Chicken Patty 10
or **Buffalo Chicken Patty**

Mixed Veggies/Carrots Coins
Fruit Choices
Milk Choice

French Toast Sticks 11
Sausage Patty

Hash Browns/Red Peppers
Fruit Choices
Milk Choices

Chicken Nuggets w/Flat 12
Bread Dippers & Sc

Baked Beans/Celery Sticks
Fruit Choices
Milk Choices

Pizza Day!!! 13
Choice of: Cheese, Pepperoni
or Meat Lovers

Pasta Salad & Assorted Veggies
Fruit & Milk Choices

Pasta & Meatballs 16
or **Tailgater Sandwich**

Green Beans/Broccoli
Fruit Choices
Milk Choice

Taco Loco Fest 17
Choice of: Soft Shell, Crunchy
Shell or Taco Salad

Corn/Baked Beans
Fruit Choices
Milk Choice

Firecracker Sandwich, 18
Grilled Cheese
or **Turkey BLT Wrap**

Tomato Soup/Celery Sticks
Fruit Choices
Milk Choice

Sampler Surprise 19
Chicken Nuggets & Cheese
Sticks w/Sauce

Carrots/Cucumbers
Fruit Choices
Milk Choice

PIZZA BIZARRE!!!! 20
Choice of: Cheese, Pepperoni
or **Supreme**

Pasta Salad/Assorted Veggies
Fruit Choices
Milk Choice

Bacon Cheeseburger 23
or **Chili Cheese Dog**

Baked Beans/Red Peppers
Fruit Choices
Milk Choices

Chicken Patty - Bun 24
or **Turkey Club Wrap**

Garden Salad/Carrot Coins
Fruit Choices
Milk Choice

Pasta & Meat Sauce 25
or **Ham & Cheese Melt**

Cookie
Green Beans/Broccoli
Fruit Choices
Milk Choice

Buffalo Chicken Wrap 26
or **Taco Salad**

Corn/Lettuce/Tomato
Fruit Choices
Milk Choice

Pizza Party!!! 27
Choice of: Cheese, Pepperoni
or **Buffalo Chicken**

Pasta Salad/Assorted Veggies
Fruit Choices
Milk Choice

**Chicken Grabbers w/
Garlic Bread Stick & Sc** 30

Broccoli/Chick Peas
Fruit Choices
Milk Choice

Turkey Potato Bowl 31
or **Tuna Sub**

Apple Crisp
Corn /Carrot Coins
Fruit Choices
Milk Choice

The USDA & this institution are
equal opportunity providers.

Menu subject to change due to
availability of items

